



Barley Juice Powder (Concentrated)

Stock #55-1 (100 capsules)

Barley Juice Powder is a concentrated "green food" supplement made from juicing the leaves of young barley plants.

Barley plants, also referred to as barley grass or barley greens, are known to withstand disease and fungus, and are a rich source of nutrients, especially chlorophyll. Barley is so rich in nutrients it is considered a "whole food." Barley's powdered juice actually provides 30 times the amount of vitamin B1 and calcium found in milk. Barley juice is also rich in vitamin C (7 times the amount in oranges) and iron (5 times the content in spinach), as well as beta-carotene, vitamins B3 (niacin) and B12, all 8 essential amino acids, flavonoids, chromium, potassium, and many other minerals and plant enzymes. Barley juice is also made up of 20% protein.

Of particular importance in the nutritional profile of barley grass is its content of the enzyme, superoxide dismutase (SOD). SOD is a powerful antioxidant which helps slow cellular degeneration and mutation, making it highly beneficial for treating degenerative diseases, as well as aging in general. SOD naturally occurs in healthy cells, protecting them from the damage caused by free radicals.

Barley juice has been utilized to help strengthen the pancreas, gallbladder and spleen, regulate stomach function, build healthy blood cells, moisten dryness, soothe inflamed membranes, and support the nerves. Barley juice has also been known to help shrink tumors and swellings. It acts as a natural diuretic to relieve painful or difficult urination, as well as watery conditions such as edema. Barley juice's mildly laxative effect helps to cleanse the intestinal tract, while its supply of enzymes helps to break down indigestible or toxic substances in foods.

Barley juice helps stimulate the immune system and cleanses the liver. The juice is beneficial for duodenum and stomach disorders, liver spots, muscular dystrophy, pancreatitis, polyps, and various inflammatory conditions such as arthritis and rheumatism. Barley juice is also helpful for feverish conditions.

Barley juice itself is easy to digest, making it an excellent nutritional supplement for convalescents and invalids. Many drink barley juice to promote longevity.