



Caprylimune

Stock #2808-5 (150 tablets)

Caprylimune is formulated to fight *Candida albicans* and relieve the symptoms associated with Candida yeast overgrowth. Caprylimune also provides vitamins, minerals, and herbs which stimulate immune function, as candidiasis typically reduces immunity.

Caprylimune contains no sugar, wheat or yeast.

Each six capsules of Caprylimune provides:

Caprylic Acid - 300mg
Vitamin A - 11,000 IU
Vitamin E - 320 IU
Vitamin C - 1,000mg
Pantothenic Acid (B5) - 370mg

Biotin - 0.4mg
Zinc - 40mg
Selenium (yeast-free) - 0.4mg
Pau d'Arco bark - 270mg
Garlic bulb - 210mg
Golden seal root - 180mg
Yucca root - 150mg
Lemon grass herb - 90mg
Rose hips concentrate - 90mg
Hesperidin complex - 20mg
Citrus Bioflavonoids - 20mg

For a stronger caprylic acid supplement, see the information page on NSP's Caprylic Acid Combination.

Caprylic acid helps maintain the delicate balance of intestinal flora in the colon, keeping levels of *Candida* yeast in check. Caprylic acid is a natural fatty acid known to have an antifungal action against *Candida albicans*. Caprylic acid is quickly absorbed in the intestines; therefore, timed-release or enteric-coated formulas are typically preferred, as they enable the contents to be gradually released throughout the intestinal tract.

Pau d'Arco is recommended by medical doctors in Brazil for its antifungal properties against ringworm, systemic *Candida albicans* yeast infections, and other intestinal parasite infestations. Pau d'arco is rich in lapachol, an immuno-stimulant compound, which is responsible for much of the herb's antibiotic properties.

Garlic has been proven by scientists to be a potent antibiotic and immune system stimulant, capable of fighting infection and destroying parasites, worms, and other microorganisms. Garlic contains allicin, the odor-causing agent, and allyl sulfide, both of which are responsible for the herb's worm-killing ability. Hookworms, pinworms, roundworms and tapeworms all perish in the presence of garlic, and some external applications use garlic for treating ringworm. Dr. Trowbridge, author of *The Yeast Syndrome*, writes in his book about a University of Massachusetts study which showed that garlic, either in whole clove form or in extract form, helps fight yeast infections. Garlic has also been shown to be more effective against *Candida albicans* than nystatin, gentian violet and six other leading antifungal preparations, in both animal and in vitro studies.

Golden seal contains berberine, an isoquinoline alkaloid, which has been studied at length in both clinical and experimental environments for its antibacterial and amebicidal properties. Berberine has been shown to have a vast array of antibiotic effects, including activity against bacteria, protozoa, and fungi, including *Candida albicans*. In fact, berberine's antibiotic effect against some of these pathogens has been shown to be stronger than that of many commonly-used prescription antibiotics. Furthermore, berberine possesses the ability to prevent bacteria and yeast overgrowth, a common side effect of pharmaceutical antibiotics. Berberine is extremely effective against diarrhea which is often found in cases of chronic candidiasis.

Yucca exhibits antibacterial and antifungal qualities and helps balance intestinal flora.

Lemon grass has been shown to provide strong antibacterial properties in vitro against various microorganisms. Lemon grass can be used externally as an antifungal against athlete's foot, and to kill lice and scabies. In India,

lemon grass is applied topically on ringworm.

Rose hips are the dried fruit of roses which contain many vitamins and minerals, but are especially high in vitamin C and bioflavonoids. Rose hips actually contain anywhere from 10-100 times more vitamin C than any other food. Rose hips are a source of astringent tannins which make them beneficial as a tonic and astringent, capable of tightening tissues and slowing the discharge of blood and mucosal fluid. Thus, rose hips are often used for diarrhea, gastritis, hemorrhoids, and varicose veins. Rose hips' rich supply of bioflavonoids protect capillaries, help prevent bruising, strengthen connective tissues, and multiply the effectiveness of vitamin C. In fact, vitamin C cannot work accurately without bioflavonoids. Rose hips also help stimulate immune function and fight infection and inflammation, useful for treating colds, fevers, general debility, and inflammatory skin conditions.

Hesperidin is a citrus bioflavonoid obtained from oranges.

Citrus bioflavonoids are obtained from various citrus fruit and possess potent anti-allergy, anti-inflammatory, and antiviral properties. Bioflavonoids also increase the effectiveness of vitamin C.