



Combination CBG Extract

Stock #1751-2 (2 oz.)

Combination CBG Extract is an herbal liquid designed to relieve ear infections and earache, as well as colds, fever, sore throat and tonsillitis. CBG Extract contains healing herbs that fight infection and strengthen the immune system, relieve pain and inflammation (especially in the glands), soothe nerves, and promote the healing of irritated tissues.

Many herbalists have used CBG Extract as ear drops for earache and infection, by applying the liquid directly into the ears, once it has been warmed. CBG Extract can also be taken orally or dropped under the tongue for quicker absorption. CBG Extract is formulated in a water, alcohol and glycerin base.

Black cohosh is used for inflammatory conditions involving spasms or muscle tension. Black cohosh acts as a mild analgesic (pain-reliever), due to the presence of salicylic acid. The mild hypotensive (reduce blood pressure), sedative and vasodilatory (dilate blood vessels) effects produced by black cohosh have been found helpful for treating high blood pressure, tinnitus and vertigo. These actions, combined with the herb's antispasmodic properties, have proven helpful for relieving asthma and chronic coughs, including whooping cough. The tannins and acids in black cohosh enable the herb to be used as a diuretic and expectorant, while also helping to promote perspiration to reduce fever and expel toxins.

Chickweed helps thin mucus build-up in the lungs which is of benefit for treating asthma, colds, coughs, pleurisy, and other respiratory ailments. Chickweed also promotes a cleansing, soothing, tonic effect on the urinary system for relieving cystitis and urinary tract inflammation. Chickweed provides ample amounts of viscous fiber and stimulates digestion to help gastrointestinal problems such as constipation, hemorrhoids, intestinal toxicity, and ulcers. Chickweed is also beneficial for iron-deficiency anemia due to its high iron content, as well as debility and weakness because of its combined nutrient profile and ability to enhance assimilation and absorption.

Desert tea, also known as Mormon tea or Brigham Young weed, belongs to the family of ephedra plants. Unlike the Chinese species of ephedra (*Ephedra sinica*), desert tea contains only a minute amount of the alkaloid, ephedrine. Desert tea is primarily used to treat fever and mucus discharges; however, Native Americans drank a tea made from this herb several times a day to relieve bladder and kidney pain and treat syphilis. Desert tea also provides a diuretic and tonic action on the body.

Studies show **golden seal** acts as an astringent, producing a vasoconstricting (tightening) effect on blood vessels. Golden seal's astringent ability helps tone mucus membranes, which in turn, aids ear, eye, nose and throat problems, stomach and intestinal disorders, prostate and vaginal complaints, and stops internal bleeding and prevents hemorrhaging. Golden seal acts as a mild decongestant, relieves excess mucus, and reduces fever and inflammation associated with glandular swelling and sinusitis. Golden seal also reduces inflammation and pain in mucosal tissues, and acts as a laxative. Golden seal increases the secretion of digestive enzymes and fluids, especially bile, which helps regulate liver and spleen functions. Furthermore, berberine—an isoquinoline alkaloid found in golden seal—has been studied clinically and experimentally for its antibacterial and amebicidal properties.

Licorice increases the production of digestive fluids and bile, soothes mucus membranes (especially in the stomach), relieves pain and inflammation, relaxes muscle spasms, enables the body to expel phlegm, strengthens the adrenal glands and stimulates the adrenal cortex, lowers cholesterol, and acts as a mild laxative. Licorice is also particularly beneficial for gastrointestinal problems such as gastritis, peptic ulceration and excess stomach acid. Numerous studies have shown licorice to be effective in treating hypoglycemia, especially due to adrenal stress. In addition, licorice exhibits antibacterial, antifungal, antimicrobial, antiviral and possible anticancer properties.

Scullcap has been shown to act as a natural sedative and antispasmodic, focusing much of its activity on the circulatory and nervous systems. Scullcap's sedative effect is believed to be caused by scutellarin, a volatile oil found in the herb. Animal studies show scullcap reduces fever and lowers blood pressure. Scullcap is rich in vitamin C and bioflavonoids, substances known to stimulate immune function, fight infection and promote healing of tissues.

Valerian has been proven through extensive research to promote restful sleep, improve the quality of sleep. Although not yet fully understood, valerian seems to work by soothing and depressing the central nervous system, in turn, reducing blood pressure and relaxing muscle spasms associated with asthma, colic, convulsions, coughs,

croup, epilepsy, irritable bowel syndrome, menstrual and stomach cramps, and neck and shoulder tension. Valerian also helps alleviate symptoms associated with stress or nervous tension such as aggression and irritability, depression, fatigue, headaches, heart palpitations, migraines, panic, sweating, tremors, and restless sleep accompanied by repeated waking. Valerian is non-addictive and its effects are not increased with alcohol consumption. Normal sleepers are typically unaffected by valerian use.