



## Cellu-Tone

Stock# 3927-3 (5 ml.)

Cellu-Tone provides a blend of pure essential oils that act synergistically to stimulate circulation to the skin, reduce cellulite and excess fluid retention, and tighten sagging skin. Cellu-Tone also helps to cleanse and detoxify body tissues of impurities that can contribute to venous congestion and oily or problem skin conditions.

**Cypress oil** provides astringent and diuretic actions to help purify the body and aid in reducing cellulite. Cypress oil also helps dissolve oily sebaceous secretions to balance oily skin and clear acne.<sup>1-4</sup>

**Geranium oil** is an effective astringent and diuretic that helps reduce cellulite and tone the skin. Geranium oil is beneficial for all types of skin problems and is also utilized to smooth facial lines and wrinkles and relieve dry skin and scalp conditions.<sup>1-4</sup>

**Juniper oil** is a well known astringent and strong diuretic commonly used for relieving excess fluid retention and reducing cellulite. Juniper oil helps cleanse body tissues and reduces painful swellings. Juniper oil is also beneficial for oily skin and hair.<sup>1,3,4</sup>

**Niaouli Bio\*** (*Melaleuca viridiflora*) is quite gentle to the skin and is especially beneficial for oily skin types. Niaouli oil helps to tighten tissues and reduces the appearance of cellulite, stimulating circulation to the skin and regenerating skin tissue. In fact, niaouli's tissue regenerative properties directly enhance tissue oxygenation. One of the most effective applications of niaouli is to apply between 5 and 20 drops of the oil to the body with a loofah glove during the morning shower. Such application is especially refreshing and invigorating, particularly if applied along the energy meridians.<sup>1,2,4</sup> \*(Biologic/Eco-Cert Organic Essential Oil)

**Pink grapefruit Bio\*** has gained a reputation for aiding weight-loss, due to its diuretic and fat-solvent effects. In addition to eliminating excess water retention, grapefruit oil acts as a lymphatic stimulant to promote detoxification and cleansing of body tissues. Grapefruit oil also tones and tightens the skin, which may help reduce the appearance of cellulite. Grapefruit oil's astringent nature makes it beneficial in skin care preparations designed to treat oily skin and acne.<sup>3-5</sup> \*(Biologic/Eco-Cert Organic Essential Oil)

**Rosemary oil** provides astringent properties that are beneficial for all skin types and skin conditions, including acne, dandruff, dermatitis, eczema and wrinkles. Aestheticians, cosmetologists and dermatologists have long used rosemary oil for its rejuvenative powers on hair and skin health and its ability to stimulate circulation to the skin and scalp. Rosemary oil also helps eliminate cellulite and lymphatic deposits.<sup>1,2,4</sup>

**Thyme Linalol Bio\*** contains a high alcohol content and is safer to use on the skin (diluted) than other thyme oil chemotypes (varieties). The mild, non-irritant qualities of linalol combined with the strong antiseptic properties of thyme make this chemotype an excellent oil for treating impurities of the skin. In addition, thyme oil increases circulation and helps cleanse the body of trapped toxins such as excess fluids and cellulite.<sup>1-3,6</sup> \*(Biologic/Eco-Cert Organic Essential Oil)

**Vetiver oil** strengthens circulation and acts as a tonic for arteries and veins. Vetiver is highly valued in skin care for its ability to deeply penetrate the skin, plumping up thin and sagging skin tissues. Such action may be helpful in reducing the appearance of cellulite, as well as fine lines and wrinkles. Vetiver is also particularly beneficial for oily skin conditions and acne.<sup>1,2,4,5</sup>

Cellu-Tone is contraindicated for individuals with epilepsy, hypertension or kidney disease. In addition, Cellu-Tone is not recommended during pregnancy or for use with children under 10 years of age.<sup>1-6</sup>

### References:

- 1 Schiller, C. and Schiller, D. *Aromatherapy Oils: A Complete Guide*. NY, NY: Sterling Publishing Co., 1996.
- 2 Schnaubelt PhD, K. *Advanced Aromatherapy*. Rochester, VT: Healing Arts Press, 1995.
- 3 Wildwood, C. *The Encyclopedia of Aromatherapy*. Rochester, VT: Healing Arts Press, 1996.
- 4 Damian, P. and Damian, K. *Aromatherapy: Scent and Psyche*. Rochester, VT: Healing Arts Press, 1995.
- 5 Lawless, J. *The Encyclopaedia of Essential Oils*. Rockport, MA: Element Books, 1992.
- 6 Buckle RGN, J. *Clinical Aromatherapy in Nursing*. San Diego, CA: Singular Publish., 1997.

