



Dieter's Cleanse

(14-day supply) Stock #3220-4

The current level of chemicals in our food and water, as well as circulating in the indoor and outdoor environment, has a profoundly negative effect on people's resistance to disease. The cumulative effect of such toxins can actually alter metabolism, resulting in enzyme dysfunction, hormonal imbalances, nutritional deficiencies, and various psychological and neurological symptoms, including depression, fatigue, irritability, mental confusion, and even allergic reactions.¹⁻⁴

Unfortunately, these toxins can build up over time, accumulating in the colon along with uneliminated fecal matter that has become lodged in the intestinal lining. It is estimated that the average person can

have between 4 and 25 pounds of toxic build-up in their colon. Not only does retaining this intestinal debris lead to the re-absorption of toxins, but it can also contribute to unhealthy weight gain, constipation, and slower metabolism, resulting in the inability to lose weight.¹⁻⁵

A safe and effective way to eliminate toxic intestinal build-up is to use an herbal colon cleansing supplement. Various herbs facilitate the body's natural detoxification and healing functions and help break down accumulated intestinal debris so it can be eliminated from the body. Colon cleansing not only helps to promote general health and mental clarity, but it may also serve as a key factor in the prevention of chronic diseases associated with toxic build-up, including obesity. Furthermore, colon cleansing can be particularly helpful for jump-starting a weight-loss program.^{1,3-5}

Dieter's Cleanse is an easy-to-use cleansing program designed to promote the healthy elimination of toxins and waste materials. Detoxifying the body allows for better nutrient absorption, which in turn, promotes greater health and wellness. Dieter's Cleanse also helps improve glandular function and provides nutritional support for the liver. Plus, eliminating accumulated fluids and intestinal debris before starting any weight-loss program will help to facilitate optimum weight-loss results. Dieter's Cleanse contains individual packets labeled AM, Noon and PM.

Each AM and Noon packet contains:

Bowel Detox is an intestinal cleansing and maintenance formula, containing a wide assortment of vitamins, minerals, enzymes and herbs that promote intestinal health and provide dietary fiber. Bowel Detox also contains bulking agents and substances that stimulate peristaltic action in the colon. Bowel Detox helps loosen and cleanse old fecal matter on the intestinal walls, and then absorbs these toxins to be eliminated. Thus, Bowel Detox helps enhance digestion and absorption of nutrients and improves the transit time and elimination of waste material, which in turn, helps reduce intestinal gas and odor and aids in the prevention of intestinal disease. Bowel Detox may also help tone prolapsus of the colon.

Master Gland is formulated to nourish the entire glandular system and promote healthy functioning. Glandular balance is crucial for maintaining good health, as blood sugar levels, body fluids, digestion, energy and hormone production are all regulated by various glands. Master Gland contains essential vitamins and minerals, combined with specific herbs that are rich in easily-absorbed trace minerals, which supply the glands with nutrients necessary for maintaining optimum health.

Enviro-Detox is a unique formula designed to cleanse and strengthen the detoxifying organs of the body: the intestines, kidneys, liver, lungs and skin. These organs bear the burden of filtering and eliminating toxins that are ingested through air-borne pollutants and exposure to chemicals (including beauty supplies, car products, household cleaners, paints, pesticides, etc.), food additives, impure water, drugs and alcohol. Prolonged build-up of toxins in the body has been linked to a variety of health problems.

Liver Cleanse Formula focuses its actions on strengthening liver and gallbladder function, reducing liver congestion and inflammation, and stimulating bile flow. Liver Cleanse Formula contains herbs that improve digestion and detoxification, increasing urine flow to flush toxins out of the body via the kidneys. Liver Cleanse Formula also enhances spleen function, fights infection, and provides mild expectorant and laxatives effects.

Each PM packet contains:

LBS II is an intestinal stimulant, also referred to as a lower bowel-cleansing formula. LBS II contains a blend of herbs that activate the production of digestive fluids and bile to promote peristaltic action in the colon. LBS II helps relax abdominal cramping and spasms, enhances liver function, purifies the blood, neutralizes acidic conditions, destroys intestinal parasites and worms, and fights infection. LBS II also contains herbs that improve digestion, relieve pain and inflammation in the body, and stimulate urine flow to expel toxins and cleanse the urinary tract.

SF is an herbal formula that assists weight-loss by stimulating the body's detoxification and elimination processes. SF contains herbs that stimulate production of digestive fluids and bile, reduce cholesterol, improve liver and gallbladder function, purify the blood, and act as diuretics and mild laxatives to assist elimination of accumulated fluids and wastes. SF also increases immunity, soothes inflammation, and destroys intestinal parasites and worms. SF supplies a rich assortment of vitamins, minerals and phytonutrients to nourish the body and increase overall health.

GTF Chromium is the primary mineral involved in normal insulin functioning and is a key component of GTF (glucose tolerance factor), a substance that enables cells to absorb glucose (blood sugar) to burn for energy. Approximately 90% of typical U.S. diets contain less than the minimum suggested daily intake for chromium. Chromium deficiency is linked to both adult-onset (Type II) diabetes and cardiovascular disease. Studies have shown that chromium significantly improves insulin function, reduces fasting glucose levels, improves glucose tolerance, and decreases total cholesterol and triglycerides, while increasing HDL cholesterol. In addition, chromium is an important element for effective weight-loss because it plays an essential role in increasing the body's sensitivity to insulin. In order to facilitate weight-loss, the body's cells need to become more receptive to insulin, which is critical for maintaining balanced blood sugar levels and stimulating thermogenesis (the burning of fat stores for energy). Without chromium, the action of insulin is inhibited, resulting in elevated blood sugar levels and decreased thermogenesis.^{2,6-12}

References:

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