



Enviro-Detox

Stock #874-7 (100 capsules)

Enviro-Detox is a synergistic formula to cleanse and strengthen the detoxifying organs of the body: the intestines, kidneys, liver, lungs and skin. These organs bear the burden of filtering and eliminating toxins that are ingested through air-borne pollutants and exposure to chemicals (including beauty supplies, car products, household cleaners, paints, pesticides, etc.), food additives, impure water, drugs and alcohol. Enviro-Detox can be taken daily to ensure maximum protection and nutritional support for these vital body functions.

Enviro-Detox enhances the body's elimination of toxins which, if allowed to build up, can cause a variety of health problems, including aches/pains, allergies, asthma, brain damage, constipation, digestive dysfunction, dizziness, fatigue, gastrointestinal disorders, headache, hyperactivity, infertility, insomnia, kidney/liver damage, learning problems, loss of appetite, nausea, nervous disorders, poor memory, skin problems, vomiting and weakened immunity.

Enviro-Detox provides the beneficial colonic flora, *Sporogenes bacillus*. "Friendly" bacteria are essential for colon health, as well as the overall health of the body. This particular strain of the *Lactobacillus* genus does not require refrigeration as do others.

Burdock is one of the primary detoxifying agents in both Chinese and Western herbalism. Burdock is especially useful for treating conditions related to chronic toxicity, as it stimulates elimination of wastes via the colon, kidneys, and skin. Burdock is particularly well-known as a blood purifier. Large amounts of burdock have been used to purify the blood and stimulate the production of mucosal fluids, while reducing toxins in the body, thus making it useful for treating allergies and respiratory congestion. Burdock is a good source of viscous fiber, helping to absorb toxins from both the digestive and intestinal tracts. Burdock is also used to lower bowel transit time and balance intestinal flora. Research shows burdock also exhibits antibacterial and antifungal activity.

Cascara Sagrada is widely known for its laxative effects. Its non-habit-forming and mild nature have made cascara a popular treatment worldwide for chronic constipation, even for small children and the elderly. Cascara is also used to treat hemorrhoids and piles. Cascara has been shown to stimulate bile production and is beneficial for digestive and liver problems, particularly enlarged liver. Cascara has also been found an effective for treating colitis, diverticulosis, dyspepsia, gallstones, intestinal parasites, jaundice, skin diseases, sluggish gallbladder function and worms.

Dandelion has been shown to help the liver and gallbladder filter out toxins and purify the blood, as well as stimulate the kidneys to eliminate toxins through the urine. Dandelion contains enzyme-like compounds which assist cell metabolism and increase bile secretion in the liver. As a result, dandelion inhibits bile duct inflammation, cirrhosis, dyspepsia with constipation, gallstones, hepatitis and jaundice. Other research shows dandelion exhibits anti-inflammatory properties and restricts the development of an enlarged or swollen liver. In essence, all glands associated with digestive function respond quickly and effectively to dandelion. Dandelion provides viscous fiber which absorbs toxins from the bowel, balances intestinal flora, lowers serum cholesterol, reduces bowel transit time and soothes digestive tract tissues. Dandelion is also a source of bitter flavonoids which purify the blood, increase urine flow, relieve inflammation and muscle spasms, and provide a mild laxative action. The herb is especially beneficial for spleen ailments and for eliminating uric acid buildup. Dandelion has also been used to treat acne, age spots, anemia, eczema, frequent urination, gout, heartburn, psoriasis, rheumatism, urinary disorders, water retention, chronic joint complaints, including gout and osteoarthritis, and edema resulting from high blood pressure and heart weakness.

Echinacea is now considered one of the best-known and extremely safe immune strengtheners available. Echinacea has been shown to fight bronchitis, colds, flu, infection, strep throat, and other immune and respiratory problems. Taking echinacea at the first sign of cold or flu can arrest the problem and shorten the duration of symptoms. Echinacea is also a blood and lymph cleanser and has been shown to be quite effective against *Streptococcus*—a genus of bacteria which can cause gastrointestinal, respiratory and urinary tract infections, among others—as well as blood poisoning, chronic infections, fungal problems, gingivitis, inflammatory skin conditions, laryngitis, pyorrhea, sinusitis, swollen glands, tonsillitis, and postviral fatigue syndrome, also known as myalgic encephalomyelitis (ME). Echinacea is also being studied as a possible treatment for HIV and AIDS.

Fenugreek increases the production of mucosal fluids to help remove allergens and toxins from the respiratory tract. Fenugreek acts as an expectorant and antispasmodic to loosen phlegm and help stop chronic coughs. Research has also found that fenugreek induces perspiration to help lower fever, a quality which has been compared by some

authorities with that of quinine. Fenugreek is often included in lung-healing formulas for treating emphysema and lung congestion. However, fenugreek is also beneficial for allergies, bronchitis, dyspepsia, fever, hayfever, and respiratory tract infection. Fenugreek is even recommended during convalescence and in cases of anorexia to promote weight gain. In China, fenugreek has been used to treat Beri Beri, impotence, and kidney disorders. In general, fenugreek encourages an overall improvement in health, weight gain, more efficient protein utilization, reduced phosphorous secretion, and increased red blood cell counts.

Ginger contains a volatile oil and other compounds which act as digestive stimulants to encourage the production of digestive fluids and saliva. Ginger neutralizes acids and toxins in the digestive tract which reduces gas and pain in the bowel. Ginger has been clinically proven to substantially reduce diarrhea, nausea and vomiting associated with the common 24-hour and three-day flus. Ginger also induces perspiration, making it useful in the treatment of fevers, including malaria. Ginger has been shown to reduce inflammation by acting as a prostaglandin inhibitor, in much the same way as non-steroidal anti-inflammatory drugs (NSAIDs) work. Studies show ginger relaxes muscle spasms and relieves pain and inflammation associated with rheumatic conditions.

Lactobacillus sporogenes (spores which form *Sporogenes bacillus*), provide good colonic flora to help re-populate the intestinal tract. These bacteria are "friendly" microorganisms which naturally inhabit the intestinal tract, aiding digestion and absorption of nutrients, as well as enhancing immune function. Unlike *acidophilus*, this particular strain of bacteria does not require refrigeration.

Marshmallow increases the production of mucosal fluids which soothes inflamed tissues and helps heal both internal and external inflammatory conditions. Marshmallow is especially beneficial for soothing and protecting mucous membranes and for counteracting excess stomach acid, gastritis, hiatal hernias and peptic ulcers. Marshmallow is also considered mildly laxative, and is often used for various intestinal problems, including colitis, diverticulitis, enteritis, irritable bowel syndrome and regional ileitis. Recent research indicates a possible reduction in blood sugar levels using marshmallow, which could be of benefit to diabetics.

Milk thistle (concentrate) contains silymarin, a substance reported to be a more powerful antioxidant than vitamin E. Silymarin functions primarily in the liver to inhibit tissue damage by destroying the free radicals formed from fatty acid metabolism. According to research published in *Planta Medica*, the silymarin in milk thistle also encourages the liver to produce its own type of "toxic avengers" to absorb free radicals and evacuate them from the body. Research also shows silymarin even helps rejuvenate the liver. Silymarin stimulates the production of liver proteins which create new liver cells to replace old, damaged cells. Furthermore, scientists have found silymarin inhibits the depletion of glutathione which is necessary for the conversion of alcohol into a water-soluble substance which is easily eliminated by the kidneys. Thus, milk thistle has proven to be extremely beneficial for such conditions as acute viral hepatitis, alcohol-induced fatty liver, chronic hepatitis, cirrhosis, dyspepsia, fatty liver deposits, gallbladder/spleen problems, inflammatory skin conditions, jaundice, toxic metabolic liver disease, as well as other non-specific liver conditions.

Pepsin is a digestive enzyme produced by the gastric and pyloric glands which assists digestion of proteins in the acidic environment of the stomach. Pepsin also enhances the metabolism of foreign proteins which, if absorbed by the intestines, can provoke immune systems responses often displayed in the form of allergic reactions. Additionally, pepsin assists in the removal of protein waste from the walls of the intestines, providing enhanced absorption of nutrients. Pepsin is derived from bovine sources.

Red clover helps the body manufacture bile and other digestive fluids and enzymes, and is a strong blood purifier, enhancing the elimination of toxins from the bloodstream. Red clover also contains phenolic acids, including salicylic acid, which reduce pain and inflammation. Thus red clover has proven quite effective for treating arthritis, constipation, gout, jaundice, liver congestion, and inflammatory skin conditions such as eczema and psoriasis. Furthermore, scientists conducting antibiotic tests on red clover have confirmed the herb's activity against several bacteria, the most notable of which is the bacteria known to cause tuberculosis.

Sarsaparilla is primarily a blood purifier, focusing most of its action in the colon. Sarsaparilla regulates colonic bacteria, absorbing the toxins produced by yeasts and other colonic bacteria and eliminating them from the bowel. Sarsaparilla also relieves the inflammation caused by the body's reaction to such toxins. This may explain sarsaparilla's history as a cure for arthritis, inflammatory bowel problems, jaundice, prostatitis, rheumatism, and skin inflammations, such as boils, eczema, psoriasis and skin ulcers. Researchers have also found the herb to demonstrate anti-tubercle bacillus activity in culture studies.

Yellow dock has become favored as a tonic for the liver and gallbladder, due to its astringent purification of the blood supply to the glands. Compared to other herbs, yellow dock has one of the most prominent reputations for clearing skin problems, relieving glandular inflammation and swelling, and curing a variety of bladder ailments and liver diseases, including jaundice. Many Native American medicine men were quite competent in using yellow dock for

treating jaundice. Yellow dock also works as a laxative, encouraging the production of bile and digestive fluids and easing inflammatory bowel conditions.

Companion products:

Herbs - alfalfa, black walnut, activated charcoal, garlic, pau d'arco, Artemisia Combination, Ayurvedic Skin Detox, BP-X, Chinese Blood Build, Chinese Liver Balance, E-Tea, Energ-V, Herbal Pumpkin, Kidney Activator, LH, LIV-J, Milk Thistle Combination, Para-Cleanse, Super Algae, Tiao-He Cleanse

Vitamin/Supplements - Aloe Vera Juice, B-Complex, Bifidophilus, Bowel Detox, Caprylimune, Flax Seed Oil, Food Enzymes, Grape, Chlorophyll, Lymphomax, Master Gland, PDA, Super Supplemental, Trace Mineral Maintenance, Urinary Maintenance, Zinc

Homeopathics - Acne, Candida, Detoxification, Eczema/Psoriasis, Inflammation, Parasites, Tobacco Detox