



JP-X

Stock #1222-7 (100 capsules)

JP-X is normally considered a masculine urinary tonic, focusing much of its action on the bladder and kidneys. However, JP-X contains herbs which fight most any type of genito-urinary infection. In fact, JP-X contains herbs which stimulate the production of digestive fluids to improve digestion and liver function, increase circulation to promote healing, stimulate urine flow to flush toxins, shrink swollen tissues, soothe inflammation, neutralize acidity in the body, relieve pain, and improve sexual function.

JP-X is recommended to help arthritis, cystitis, diabetes, diarrhea, dyspepsia, dysuria, edema, gallstones, gastritis, gout, incontinence, kidney infection/inflammation, kidney stones, liver problems, nephritis, prostatitis, rheumatism, urinary dysfunction, and urinary tract infection/inflammation.

Research indicates **dong quai** promotes oxygen absorption by the liver, raises metabolism, and enhances the liver's ability to regulate glycogen production to normalize blood sugar levels, thus aiding in the treatment of diabetes. Dong quai has also been shown to relieve stagnation in the spleen, improve digestion, and treat constipation and dyspepsia, particularly among the elderly. Dong quai acts as a mild analgesic (pain-killer), laxative, and sedative, and exhibits some antibacterial activity against vaginal infection. Dong quai has been used to relieve pain associated with angina, arthritis, gout, injury, and neuralgia. Chinese herbalists regard dong quai as an aphrodisiac which stimulates the reproductive organs, increases the effectiveness of ovarian and testicular hormones, and enhances fertility.

Ginger contains a volatile oil and other compounds which act as digestive stimulants to encourage the production of digestive fluids and saliva. Ginger neutralizes acids and toxins in the digestive tract which reduces gas and pain in the bowel. Ginger has been shown to reduce inflammation by acting as a prostaglandin inhibitor, in much the same way as non-steroidal anti-inflammatory drugs (NSAIDs) work. Studies show ginger relaxes muscle spasms and relieves pain and inflammation associated with rheumatic conditions. Studies have found ginger produces a strong stimulating effect on muscular contractions of the heart, validating ginger's use for improving overall circulation. According to Chinese medicine, ginger focuses its warming properties downward, toward the lower extremities, including the colon, kidneys, legs, ovaries, prostate, and vagina.

Studies show **golden seal** acts as an astringent, producing a vasoconstricting—tightening of the blood vessels—effect. Golden seal's astringent ability enables it to help tone mucus membranes, which in turn, aids stomach and intestinal disorders, prostate and vaginal complaints, and stops internal bleeding and prevents hemorrhaging. Golden seal acts as a mild decongestant and laxative, relieves excess mucus, and reduces fever and inflammation associated with glandular swelling. Golden seal increases the secretion of digestive enzymes and fluids, especially bile, which helps regulate liver and spleen functions. Berberine, an isoquinoline alkaloid found in golden seal, has been studied at length in both clinical and experimental environments for its antibacterial and amebicidal properties. Furthermore, golden seal has been found to potentiate insulin and have a hypoglycemic effect which is beneficial for diabetics.

Juniper berries contain strong antiseptic, anti-inflammatory, analgesic (pain-relieving) properties which are helpful for treating infections, especially within the urinary tract. Juniper berries are an effective natural diuretic and have been found to be especially beneficial for problems of the bladder, kidneys, and prostate. Juniper berries are effective at fighting both bacterial and yeast infections, as well as chronic prostate and urinary tract infections in men with benign prostatic hypertrophy (BPH), also referred to as enlarged prostate. Juniper berries are commonly recommended for arthritis, colic, cystitis, dysuria, edema, flatulence, gout, kidney inflammation, kidney stones, poor digestion, rheumatism, sinusitis, ulcers, and urethritis. Furthermore, juniper berries are a rich source of chromium and have been used to treat blood sugar imbalances, especially diabetes.

Marshmallow is made up of about 37% starch, 11% mucilage, and 11% pectin. Marshmallow increases the production of mucosal fluids which soothes inflamed tissues and helps heal both internal and external inflammatory conditions. Marshmallow is especially beneficial for soothing and protecting mucous membranes and for counteracting excess stomach acid, gastritis, hiatal hernias, and peptic ulcers. Marshmallow is also considered mildly laxative, and is often used for various intestinal problems, including colitis, diverticulitis, enteritis, irritable bowel syndrome, and regional ileitis. As late as the mid-19th century, marshmallow was listed in the U.S. Pharmacopeia for treating colds, diarrhea, dysentery, gastrointestinal problems, gonorrhea, hoarseness, and most any condition affecting the genito-urinary tract, including cystitis, frequent urination, incontinence, painful urination, and urinary tract infection.

Parsley stimulates production of digestive fluids and enhances the elimination of wastes from inflamed joints via the kidneys. Such action makes parsley useful for arthritis, cystitis, dyspepsia, gastritis, gout, jaundice, other liver and spleen ailments, and rheumatic conditions. Parsley helps tone the urinary system and has been used effectively for almost any type of kidney and urinary problems, including dysuria, edema, mucus in the bladder, nephritis, prostatitis, swollen breasts and glands, and urinary tract infections. Parsley also helps with stones in the bladder, gall bladder, or kidneys.

Uva ursi is an herb which focuses its many actions on the urinary system. Uva ursi soothes and tightens inflamed tissues, helps neutralize urine acidity, promotes urine flow, and acts as an antiseptic and muscle relaxant specific to the urinary tract, thus decreasing responses to pain stimuli from infections. Uva ursi also provides an anesthetic quality capable of numbing pain in the urinary system. Uva ursi has also been shown to help prevent and dissolve kidney and gallstones, induce labor, and help problems associated with diabetes and the prostate gland. Common uses include bedwetting, bladder ailments, cystitis, gonorrhea, hemorrhoids, kidney congestion and infections, nephritis, rheumatism, urinary tract infections, vaginal discharge, and venereal disease.