



LBS II

Stock #990-1 (100 capsules)
Stock #993-5 (100 Vegitabs)
Stock #998-6 (270 Vegitabs)

LBS II is an intestinal stimulant, also referred to as a lower bowel-cleansing formula. LBS II contains a blend of herbs which stimulate the production of digestive fluids and bile to promote peristaltic action in the colon. LBS II relaxes abdominal cramping and spasms, enhances liver function, purifies the blood, neutralizes acidic conditions, destroys intestinal parasites and worms, and fights infection. LBS II also contains herbs which improve digestion, relieve pain and inflammation in the body, and stimulate urine flow to expel toxins and cleanse the urinary tract.

LBS II is commonly used for arthritis, constipation, diarrhea, digestive problems, dry stool, fever, flatulence, gallstones, gout, inflammatory skin conditions, jaundice, liver dysfunction, and rheumatism.

Buckthorn increases bile flow, peristalsis, and mucus secretion in the intestines to cleanse toxins from the body. These actions are due to the presence of anthraquinone glycosides—the same active constituents found in Cascara Sagrada, but with a milder effect. Various studies have found buckthorn to possess antibacterial, antifungal, and antiviral activity against numerous pathogens, including *Candida albicans*, herpes simplex virus I and II, influenza virus, and *Staphylococcus*. The free-anthraquinone, aloe-emodin, has been shown to have anti-leukemia activity. Buckthorn also acts as a mild diuretic, and is regarded medicinally for treating constipation, fevers, gallstones, hemorrhoids, inflammatory skin conditions, intestinal parasites, and rheumatism.

Capsicum has long been used as a stimulant to increase circulation and cardiovascular activity, while at the same time lowering blood pressure and aiding in the prevention of heart attack and stroke. Capsicum is believed to help cardiovascular disease because of its stimulating action and ability to breakdown cholesterol buildup. Capsicum has been found beneficial for numerous ailments, including arthritis, infections, kidney problems, menstrual complaints, respiratory conditions such as asthma and pleurisy, thyroid dysfunction, and gastric ulcers.

Cascara Sagrada is widely known for its laxative effects. Its non-habit-forming and mild nature have made cascara a popular treatment worldwide for chronic constipation, even for small children and the elderly. Cascara is also used to treat hemorrhoids and piles. Cascara has been shown to stimulate bile production and is beneficial for digestive and liver problems, particularly enlarged liver. Cascara has also been found an effective for treating colitis, diverticulosis, dyspepsia, gallstones, intestinal parasites, jaundice, skin diseases, sluggish gall bladder function, and worms.

Couch grass soothes inflammation, protects urinary tubules from infection and irritating substances, and acts as a diuretic. Couchgrass contains the active constituent agropyrene, found in the herb's volatile oil, which has been shown to exhibit antibiotic activity against bacteria. Couchgrass is most commonly used for urinary tract infections such as cystitis and urethritis, as well as dysuria, enlarged prostate, gout, kidney stones, prostatitis, and rheumatism. In Germany, couchgrass is also used to treat liver problems, including jaundice.

Ginger contains a volatile oil and other compounds which act as digestive stimulants to encourage the production of digestive fluids and saliva. Ginger neutralizes acids and toxins in the digestive tract which reduces gas and pain in the bowel. Ginger has been clinically proven to substantially reduce diarrhea, nausea and vomiting associated with the common 24-hour and three-day flus. Ginger also induces perspiration, making it useful in the treatment of fevers, including malaria. Ginger has been shown to reduce inflammation by acting as a prostaglandin inhibitor, in much the same way as non-steroidal anti-inflammatory drugs (NSAIDs) work. Studies show ginger relaxes muscle spasms and relieves pain and inflammation associated with rheumatic conditions.

Licorice increases the production of digestive fluids and bile, soothes mucus membranes (especially in the stomach), relieves pain and inflammation, relaxes muscle spasms, enables the body to expel phlegm, strengthens the adrenal glands, stimulates the adrenal cortex, lowers cholesterol, and acts as a mild laxative. Licorice is also particularly beneficial for gastrointestinal problems such as gastritis, peptic ulceration, and excessive stomach acid. Licorice is a powerful anti-inflammatory and anti-arthritic, and has been proven as an effective treatment for chronic hepatitis B and liver cirrhosis. Licorice has also been shown in numerous studies to be quite effective in treating hypoglycemia, especially due to adrenal stress.

Oregon Grape, a close relative of barberry, enhances glandular function, especially of the liver and thyroid; improves digestion and absorption of nutrients; increases appetite; purifies the blood and relieves lymphatic stagnation. Oregon grape also enhances the production of bile which stimulates peristalsis and assists the liver in eliminating stored

toxins. Oregon Grape is a good source of berberine, a substance with remarkable infection-fighting properties.

Red clover helps the body manufacture bile and other digestive fluids and enzymes, and is a strong blood purifier, enhancing the elimination of toxins from the bloodstream. Red clover also contains phenolic acids, including salicylic acid, which reduce pain and inflammation. Thus red clover has proven quite effective for treating arthritis, constipation, gout, jaundice, liver congestion, and inflammatory skin conditions such as eczema and psoriasis. Furthermore, scientists conducting antibiotic tests on red clover have confirmed the herb's activity against several bacteria, the most notable of which is the bacteria known to cause tuberculosis.

Turkey rhubarb purifies the blood, strengthens the liver, stimulates peristaltic action and the release of bile, enhances urine flow, tightens body tissues, and acts as a laxative. Turkey rhubarb is primarily used today for constipation, diarrhea, dysentery, inflammatory skin conditions, and jaundice. Recent studies have also shown that turkey rhubarb cures upper digestive tract bleeding.