



Lymph Gland Cleanse-HY

(formerly HIGS II)

Stock #920-3 (100 capsules)

Lymph Gland Cleanse-HY is an herbal combination that targets infections, especially in the lymphatic and respiratory systems. Lymph Gland Cleanse-HY consists of herbs that strengthen the immune system, fight bacterial and viral infection, alleviate pain, stimulate the production of mucosal fluids to flush toxins, and assist the elimination of toxins. Lymph Gland Cleanse-HY is especially designed for individuals that may experience low blood sugar levels (hypoglycemia).

Lymph Gland Cleanse-HY has proven to be effective for abscesses, blood poisoning, colds, earache, eczema, fever, infections, mononucleosis, respiratory congestion, sinus infection, sore throat, swollen glands, and tonsillitis.

Capsicum has been found to effectively stimulates production of digestive and mucosal fluids which helps improve digestion, soothes inflammation, enhances the removal of toxins from the body, and relieves gastrointestinal problems, including bleeding ulcers, colic, dyspepsia, flatulence, and even diarrhea. Capsicum's antiseptic properties have been proven active against various gastrointestinal pathogens (disease-causing agents). Capsicum's warming properties are useful for poor circulation and related conditions, including cold hands and feet, cold stages of fevers, and varicose veins. Capsicum has been found beneficial for numerous ailments, including arthritis, vascular headaches, infections, kidney problems, menstrual complaints, and respiratory conditions such as asthma and pleurisy.

Myrrh helps to heal sores and fights infection. Myrrh reduces pain in mucous membranes, stimulates the production of mucosal fluids, and acts as an expectorant. Recent studies show myrrh contains a volatile oil with many active constituents which have been found to promote easier breathing, especially during congestive colds. Myrrh's antiseptic, astringent, and antimicrobial properties have been confirmed by experimental research in both American and China. In fact, myrrh has been shown to exhibit antibacterial activity against gram positive bacteria such as *Staphylococcus aureus*. Myrrh has been found effective for treating arthritis, asthma, bronchitis, canker sores, colds, coughs, digestive problems, gingivitis, rheumatism, sore throat, and tonsillitis.

Parthenium, a close relative of echinacea, mimics the medicinal qualities of echinacea in many ways. Like echinacea, parthenium is an immune system stimulant which assembles and activates T-lymphocytes (killer cells) and other immune system cells. Parthenium also contains mucilaginous substances that soothe inflamed tissues. Parthenium has been used by herbalists to treat blood poisoning, debility, fatigue, gastrointestinal infections, inflammatory skin conditions, respiratory infections, tonsillitis, swollen glands, venereal disease, and wounds.

Yarrow shrinks inflamed tissues, stops bleeding, lowers blood pressure, induces perspiration to help lower fever, relaxes muscle spasms, and exhibits some antibiotic activity. Anti-inflammatory properties supplied by the chemical, chamazulene, have been documented in animal studies, supporting the use of yarrow for hemorrhoids, ulcers, and other inflammatory conditions. As a blood cleanser, yarrow promotes the removal of body toxins via perspiration, and is often recommended for chicken pox and smallpox. Yarrow also enhances the elimination of uric acid buildup in the joints which can contribute to arthritis, gout and rheumatism.