



Lymph Gland Cleanse

(formerly IGS II)

Stock #960-4 (100 capsules)

Lymph Gland Cleanse is an herbal combination used to fight infections of the digestive, lymphatic and respiratory systems. Lymph Gland Cleanse contains herbs that strengthen the immune system, stimulate the production of digestive fluids, fight bacterial and viral infection, alleviate pain, soothe inflamed tissues, increase the production of mucosal fluids to flush toxins, and assist elimination of toxins.

Lymph Gland Cleanse is used for abscesses, blood poisoning, colds, earache, eczema, enteritis (intestinal tract inflammation), excess bile, gastritis (stomach inflammation), infectious fevers, influenza (flu), mononucleosis, jaundice, respiratory congestion, sinus infection, sore throat, swollen glands, tonsillitis and ulcers.

Capsicum has been found to effectively stimulates production of digestive and mucosal fluids which helps improve digestion, soothes inflammation, enhances the removal of toxins from the body, and relieves gastrointestinal problems, including bleeding ulcers, colic, dyspepsia (indigestion), flatulence and even diarrhea. Capsicum's antiseptic properties have been proven active against various gastrointestinal pathogens (disease-causing agents). Capsicum's warming properties are useful for poor circulation and related conditions, including cold hands and feet, cold stages of fevers, and varicose veins. Capsicum has been found beneficial for numerous ailments, including arthritis, vascular headaches, infections, kidney problems, menstrual complaints, and respiratory conditions such as asthma and pleurisy (inflammation of the lining of the lungs).

Studies show **goldenseal** acts as an astringent, producing a vasoconstricting—tightening of the blood vessels—effect. Goldenseal's astringent ability enables it to help tone mucus membranes, which in turn, aids ear, eye, nose and throat problems, stomach and intestinal disorders, prostate and vaginal complaints, and stops internal bleeding and prevents hemorrhaging. Goldenseal acts as a mild decongestant, relieves excess mucus, and reduces fever and inflammation associated with glandular swelling and sinusitis (sinus inflammation). Goldenseal also reduces inflammation and pain in mucosal tissues, and acts as a laxative. Goldenseal increases the secretion of digestive enzymes and fluids, especially bile, which helps regulate liver and spleen functions. Goldenseal is recommended for numerous gastrointestinal disorders, including colitis (colon inflammation), enteritis, gastritis, hemorrhoids, hepatitis, intestinal infections and peptic ulcers. Furthermore, berberine, an isoquinoline alkaloid found in goldenseal, has been studied at length in both clinical and experimental environments for its antibacterial and amebicidal properties.

Parthenium, a close relative of echinacea, mimics the medicinal qualities of echinacea in many ways. Like echinacea, parthenium is an immune system stimulant which assembles and activates T-lymphocytes (killer cells) and other immune system cells. Parthenium contains mucilaginous substances which soothe inflamed tissues. Parthenium has been used by herbalists to treat blood poisoning, debility, fatigue, gastrointestinal infections, inflammatory skin conditions, respiratory infections, tonsillitis, swollen glands, venereal disease and wounds.

Yarrow shrinks inflamed tissues, stops bleeding, lowers blood pressure, induces perspiration to help lower fever, relaxes muscle spasms, and exhibits some antibiotic activity. Anti-inflammatory properties supplied by the chemical, chamazulene, have been documented in animal studies, supporting the use of yarrow for hemorrhoids, ulcers and other inflammatory conditions. As a blood cleanser, yarrow promotes the removal of body toxins via perspiration, and is often recommended for chicken pox and smallpox. Yarrow also enhances the elimination of uric acid buildup in the joints which can contribute to arthritis, gout and rheumatism.