



Master Gland

Stock #3040-3 (120 capsules)

Master Gland is designed to nourish the entire glandular system and promote healthy functioning. Glandular balance is crucial for maintaining good health, as blood sugar levels, body fluids, digestion, energy, and hormone production are all regulated by various glands. Master Gland contains essential vitamins and minerals, combined with specific herbs which are rich in easily-absorbed trace minerals, to supply the glands with nutrients essential for optimum health.

Two capsules of Master Gland provide:

Vitamin A (beta-carotene) - 900 IU

Vitamin C - 60mg

Vitamin E - 14 IU

Lecithin - 27mg

Manganese (amino acid chelate) - 1mg

Pantothenic acid (B5) - 24mg

Potassium citrate - 20mg

Zinc gluconate - 6mg

In a base of:

Alfalfa improves the efficiency of digestion by stimulating appetite and absorption of nutrients. Alfalfa reduces blood pressure and is a popular blood purifier, assisting cellular detoxification by neutralizing chemical carcinogens in the liver and small intestine. Alfalfa also promotes the proliferation of healthy intestinal flora to guard against intestinal pathogens (disease-causing microorganisms). Alfalfa also provides a good supply of vitamins A, B1, niacin (B3), and C. Alfalfa is commonly used for anorexia, arthritis, debility, gout, hypertension, rheumatism, and weak digestion.

Asparagus stimulates production of digestive fluids and saliva, and acts as an antibacterial, diuretic, and expectorant. Asparagus also provides many nutrients, including vitamins A, B1, B2, B3 and C, and the minerals calcium, chromium, iron, sodium, phosphorus, potassium, and selenium.

Black walnut is a good source of iodine, and as such, is popular as a thyroid stimulant to help underactive thyroid conditions. Black walnut contains linolenic acid, an essential fatty acid necessary for healthy cell function, the production of prostaglandins, and useful for menstrual dysfunction and skin problems such as eczema and psoriasis. Black walnut provides a rich source of the trace mineral selenium, as well as iron and potassium.

Dandelion contains vitamins, minerals, protein, pectins and other catalytic substances which help the liver and gallbladder filter out toxins and purify the blood. Dandelion also stimulates the kidneys to eliminate toxins through the urine. Research shows dandelion exhibits anti-inflammatory properties and restricts the development of an enlarged or swollen liver. In essence, all glands associated with digestive function respond quickly and effectively to dandelion. Dandelion provides numerous minerals, including calcium, iron, magnesium, phosphorus, and zinc. Dandelion also supplies a generous amount of the electrolytes, sodium and potassium, which help stabilize the body's response to dandelion's diuretic effect. Due to its high mineral content, dandelion is very beneficial for anemia. Dandelion is also a rich source of vitamins, including A, B1, B2, B5 (pantothenic acid), B6, C, E, and P.

Dong quai promotes oxygen absorption by the liver, raises metabolism, and enhances the liver's ability to regulate glycogen production to normalize blood sugar levels, thus aiding in the treatment of diabetes. Dong quai has also been shown to relieve stagnation in the spleen, improve digestion, and promote blood flow to the female reproductive organs, thus balancing menstruation. Dong quai is rich in vitamin B3 (niacin), E, and the minerals cobalt, iron, and magnesium. There is also some vitamin A present. Cobalt is a component of vitamin B12, which may explain dong quai's beneficial effect on cases of pernicious anemia.

Eleuthero (also known as Siberian ginseng) supports the adrenal, pancreas and pituitary glands to normalize abnormally high or abnormally low blood sugar levels. Siberian ginseng achieves this by promoting RNA synthesis, which in turn, influences changes in the liver cells responsible for glucose production, as well as altering metabolic function and protein synthesis. Siberian ginseng is a rich source of vitamin B3 (niacin) and the minerals magnesium and zinc.

Kelp is a valuable sea vegetable which nourishes and supports the glandular system, particularly the thyroid. Kelp is perhaps best-known as a popular natural remedy for treating hypothyroid conditions. Kelp is a rich source of many nutrients, including carbohydrates, essential fatty acids, protein, and several amino acids. Kelp also contains almost every mineral and trace mineral needed by the human body, particularly calcium, copper, magnesium, potassium, selenium, sodium, and zinc. Furthermore, kelp provides numerous B-complex vitamins, as well as vitamins A, D, E and K.

Lemon bioflavonoids protect capillaries, help prevent bruising, and multiply the effectiveness of vitamin C. In fact, vitamin C cannot work accurately without them. Bioflavonoids are classified as antioxidants, possessing potent anti-allergy, anti-inflammatory, and anti-viral properties.

Licorice increases the production of digestive fluids and bile, soothes mucus membranes (especially in the stomach), relieves pain and inflammation, relaxes muscle spasms, enables the body to expel phlegm, strengthens the adrenal glands, stimulates the adrenal cortex, lowers cholesterol, and acts as a mild laxative. Licorice has been shown in numerous studies to be quite effective in treating hypoglycemia, especially due to adrenal stress. Licorice is rich in magnesium, silicon, and sodium and contains high amounts of chromium, cobalt, iron, potassium, and niacin (B₃). Licorice's high mucilage content contributes to the herb's effective soothing, anti-inflammatory qualities.

Marshmallow increases the production of mucosal fluids which soothes inflamed tissues and helps heal both internal and external inflammatory conditions. Marshmallow is also considered mildly laxative and has been shown to improve immune system function by enhancing the action of white blood cells against microorganisms. Other research indicates a possible reduction in blood sugar levels using marshmallow, which could be of benefit to diabetics. Marshmallow is made up of about 37% starch, 11% mucilage, and 11% pectin. Marshmallow is an ample source of trace minerals, particularly chromium, iron, magnesium and selenium.

Parsley stimulates production of digestive fluids and enhances the elimination of wastes from inflamed joints via the kidneys. Parsley helps tone the urinary system and has been used effectively for almost any type of kidney and urinary problem. Parsley promotes menstruation in the event of an absent or delayed cycle and alleviates menstrual pain. Parsley also lowers blood pressure and strengthens the adrenal glands. Parsley is a rich source of iron and provides numerous trace minerals, particularly the electrolytes calcium, magnesium, potassium and sodium. Parsley also provides vitamins A, B, C, and K, protein (up to 25%), and chlorophyll.

Parthenium, a close relative of echinacea, mimicks the medicinal qualities of echinacea in many ways. Like echinacea, parthenium is an immune system stimulant which assembles and activates T-lymphocytes (killer cells) and other immune system cells. Parthenium contains mucilaginous substances which soothe inflamed tissues. Parthenium contains a high amount of vitamin A, chromium, selenium, and zinc.

Schizandra fruit is an adaptogen and nervous system tonic which helps the body to handle stress more effectively with less fatigue. Schizandra also increases blood circulation and blood sugar, reduces blood pressure, controls coughing, and stimulates bile flow and the production of mucosal fluids to moisten dry and irritated tissues. Schizandra contains substances which are both astringent and antiseptic, and which help strengthen heart and kidney function. Schizandra contains high amounts of vitamins A and C, as well as the minerals chromium, cobalt, and magnesium.

Thyme stimulates the production of digestive fluids, relieves abdominal pain, and acts as a mild sedative. Thyme promotes expectoration of phlegm and is beneficial for treating respiratory problems. Thyme contains B-complex vitamins, vitamins C and D, as well as a rich source of chromium, iron, and silicon. Thyme also contains fairly high amounts of cobalt, magnesium, manganese, and selenium.

Uva ursi is an herb which focuses its many actions on the urinary system. Uva ursi has also been shown to help prevent and dissolve kidney and gallstones, and help problems associated with the liver, pancreas, and prostate.