



## PMS

Stock #8738-5 (1 fl. oz.)

PMS homeopathic remedy is designed to provide temporary relief of symptoms associated with PMS, including:

abdominal distension (bloating)  
abdominal pain and cramping  
headache  
irritability  
mood changes

### Ingredients:

cimicifuga racemosa (black cohosh) 6x  
ignatia amara (st. ignatius' bean) 6x  
pulsatilla nigricans (wind flower) 6x  
magnesia phosphorica (magnesium phosphate) 10x  
phosphorus (phosphorus) 10x  
sepia (cuttle fish) 12x  
purified water  
USP alcohol 20%