



Prevention

Stock #8827-9 (1 fl. oz.)

This natural homeopathic medicine relieves and prevents symptoms associated with minor infections, including inflammation, secondary infections, colds and influenza.

Cumulative research results from randomized and/or double-blind clinical trials indicate that homeopathy provides a positive treatment effect for the treatment of influenza and upper respiratory tract infections. In addition, an open study involving children with otitis media (middle ear infection) found that results from homeopathic treatment were similar to conventional treatment with antibiotics and other drugs; however, study results actually showed a trend in favor of homeopathy.¹⁻³

Prevention contains the following ingredients in purified water and 20% USP alcohol.

Echinacea angustifolia (Cone flower) - The homeopathic dilution of *Echinacea angustifolia* has been used to modulate inflammatory processes, including lymphatic inflammation (swollen glands), bites and stings, and sore throat. It is also used to treat acute infection and associated symptoms of illness such as tiredness, body aches, infectious fevers, and chills. Research supports the use of *Echinacea* for enhancing immunity and preventing and treating upper respiratory tract infections.⁴⁻⁸

Aconitum (Aconite) is commonly used in the homeopathic treatment of ear infections in children. Aconitum is also beneficial for pain, especially when accompanied by agitation or anxiety, and has been successfully used for post-operative pain in children and in emergency medicine. Additionally, aconitum is recommended for bronchitis, croup, influenza, and pleurisy, as well as the onset of symptoms of infection such as fever with chills, inflammation, body aches and pain, headache, earache, sore throat, restless sleep, colds, and coughs. Research has confirmed that the herb *Aconitum napellus* exhibits anti-pyretic (fever-reducing) and analgesic (pain-relieving) properties.^{5,9-22}

Rhus toxicodendron (Poison ivy) - This homeopathic dilution is widely used in the treatment of inflammatory conditions and has been shown to stimulate immune function. *Rhus* is indicated for joint pain and stiffness, rheumatism, post-operative pain, fever, headache, earache, vertigo, body aches and pain, restlessness, dry cough, and sore throat, as well as pneumonia, influenza, and other viral infections.^{5,13,15-20,23,24}

Sanguinaria (Blood root) has been shown to provide anti-inflammatory, antimicrobial and immunomodulatory properties. As a homeopathic dilution, sanguinaria is primarily used for symptoms affecting the mucous membranes of the respiratory tract, including coughs, excessive mucus, flushing of the face, headache, insomnia, laryngitis, sore throat and vertigo. Sanguinaria is recommended for respiratory tract infections such as bronchitis, croup, influenza, pneumonia and tuberculosis.^{5,14,17,20,25,26}

Bryonia (White Bryony) - The homeopathic dilution of bryonia is recommended for body aches and pain, and especially the feeling of aching in every muscle that is lessened with rest. Bryonia is also indicated for throbbing headaches accompanied by pain down the neck, shoulders and back, joint pain and swelling, dry coughs, dry mouth with excessive thirst, vertigo, and physical weakness. Bryonia is often used for inflammatory conditions of the chest, including bronchitis, common colds, pleurisy, and pneumonia, as well as coughs, fevers (including rheumatic and inflammatory fevers), and influenza.^{5,12,13,15-20,26,27}

Eupatorium perfoliatum (Boneset) - The homeopathic dilution of *Eupatorium perfoliatum* is indicated for acute bronchitis, influenza, respiratory congestion, chronic cough, deep aching pain in the bones and muscles or back, restlessness from pain, headache, and especially fevers, including malaria. A controlled clinical trial found that the homeopathic dilution of *Eupatorium* was equally effective as acetylsalicylic acid (aspirin) for treating symptoms of the common cold. In addition, several studies suggest that *Eupatorium* exhibits immunostimulatory and weak-to-moderate anti-inflammatory actions. An in vitro study also demonstrated its antibacterial activity against *Staphylococcus aureus*—a bacteria that can cause pneumonia.^{5,14-18,20,26,28,29}

Thuja occidentalis (Tree of Life) has been shown to provide antiviral and immunostimulatory activity. *Thuja* is primarily used in homeopathy for the treatment of acute and chronic upper respiratory tract infections, including bronchitis, colds, earache, sinus headache, sinusitis, and pharyngitis (sore throat). *Thuja* is also recommended for headaches, rheumatism, sciatica and toothache.^{5,14,18,26,30,31}

Hepar sulfuris calcareum (Calcium sulfide) is a homeopathic remedy that has been used extensively for many illnesses, especially where there is infection. *Hepar sulfuris calcareum* is typically used for treating inflammation and swelling of the lymph glands and mucous membranes of the respiratory tract (i.e. ears, nose, throat, and lungs). Thus, it is recommended for bronchitis, colds, croup, influenza with fever, laryngitis, sinus infection, and tonsillitis, as well as

associated symptoms, including sore throat with ear pain when swallowing, hoarseness, earache, headache, eye pain and sensitivity to light, body aches and pain, dry coughs, sinus congestion, and vertigo.^{5,12,18,19,26,32-34}

Sulphur (Sulfur) has been used as a medicine throughout history, particularly as a preventative for epidemic illnesses. Sulphur is commonly employed in homeopathy for treating respiratory allergies and recurrent upper respiratory tract infections, including common colds and influenza, with symptoms affecting the ears, nose and throat. In addition, sulphur is recommended for relieving symptoms of illness such as burning throat, fever and chills, headache, migraines, restless sleep or insomnia, exhaustion, vertigo, buzzing and noise in the ears, earache, eye irritation and inflammation, asthma and difficulty breathing, coughs, low back pain, weakness in the arms, heaviness in the legs, leg cramps, joint pain, and irritability.^{5,13,18,19,27,35,36}

Influenzinum (Influenza) is a homeopathic biotherapeutic (or nosode) made from influenza vaccines or pure influenza viruses that are cultivated for homeopathy laboratories. Biotherapeutics are used in homeopathy to strengthen the immune system and promote the body's natural healing abilities. Biotherapeutics differ from conventional vaccines in that there is no molecule of the original substance in the homeopathic remedy and thus, it has no side effects—it is the energy of the original substance remaining in the remedy that stimulates the healing process. Influenzinum is used as a preventative against the flu and is helpful for symptoms that persist after having had the flu. Influenzinum is indicated for general illness accompanied by chills, headache, body aches and pain, and weakness and fatigue, as well as colds, laryngitis, and influenza-associated bronchial asthma or pneumonia.^{15,16,20,37-44}

Lachesis mutus (Lachesis) is a homeopathic remedy derived from the venom of the Bushmaster snake (or Surukuku) of South America. Lachesis primarily affects the blood and central nervous system and is used to facilitate circulation and the removal of toxins from the blood. Lachesis is recommended for the treatment of bacteremia (bacteria in the blood, commonly referred to as blood poisoning), diphtheria, and systemic toxicity associated with severe infections. Lachesis is also indicated for the rapid onset of sore throat with pain that extends to the ears, as well as coughs, croup, earache, exhaustion, fever, tonsillitis, pulsating headaches, migraines with pain extending down the neck and shoulders, and joint pain.^{5,18,19,26,27,45,46}

Staphylococcinum (Staphylococci) is a homeopathic biotherapeutic prepared from a mixture of staphylococci cultures. Biotherapeutics are used in homeopathy to strengthen the immune system and promote the body's natural healing abilities. Biotherapeutics differ from conventional vaccines in that there is no molecule of the original substance in the homeopathic remedy and thus, it has no side effects—it is the energy of the original substance remaining in the remedy that stimulates the healing process. Staphylococcinum is employed in the treatment of acute bacteremia (bacteria in the blood, commonly referred to as blood poisoning) and other staphylococcal infections ranging from minor skin infections to life-threatening pneumonia.^{40,47,48}

Streptococcinum (Streptococci) is a homeopathic biotherapeutic prepared from a mixture of streptococci cultures. Biotherapeutics are used in homeopathy to strengthen the immune system and promote the body's natural healing abilities. Biotherapeutics differ from conventional vaccines in that there is no molecule of the original substance in the homeopathic remedy and thus, it has no side effects—it is the energy of the original substance remaining in the remedy that stimulates the healing process. Streptococcinum is employed in the treatment of tonsillitis, sore throat with fever, swollen glands in the neck, rhinitis, sinusitis and ear infections, as well as associated symptoms of headache, the feeling of pressure in the eyes, back pain, aching muscles, rheumatism, and intolerance to noise, light or movement.^{20,40,43,47,49,50}

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