



SnorEase

Stock #1815-4 (60 capsules)

SnorEase is a unique nutritional supplement designed to significantly reduce or eliminate snoring. SnorEase combines natural ingredients which break up and eliminate sinus congestion and shrink swollen nasal and respiratory membranes, enabling air passages to open for easier and quieter breathing.

NSP conducted preliminary tests to determine the effects of SnorEase on individuals who snore. Of the 34 test participants, 84% reported a decrease in snoring and over 50% experienced significant results.¹

Bromelain, a protein-digesting enzyme complex derived from pineapples, has been shown to be effective in the treatment of respiratory problems, including bronchitis, sinusitis, and pneumonia. Bromelain breaks up and thins thick mucus, promoting easier expectoration and increasing lung capacity and function. Bromelain has also been found to thin the blood, increase circulation, reduce inflammation, and inhibit potent inflammatory substances that can

cause tissue swelling.²⁻⁵

A study on the effects of bromelain in individuals with acute sinusitis found that 87% of bromelain recipients experienced good to excellent results, compared to only 68% receiving a placebo.⁶

Coenzyme Q10 is vital for cellular energy production and for the health of all tissues and organs. Studies indicate CoQ10 may help individuals with breathing difficulties or respiratory diseases, as CoQ10 has been shown to improve oxygen consumption. Researchers have found individuals with chronic obstructive pulmonary disease to have low levels of CoQ10. Furthermore, CoQ10 has also been shown to improve allergies and asthma by overriding the effect of histamines.^{5,7,8}

Fructus aurantia immaturi (immature bitter orange) is commonly used in traditional Chinese medicine as an expectorant for eliminating excess phlegm and relieving congestion. Bitter orange is also recommended as a digestive stimulant and for relieving inflammation—poor digestion often contributes to respiratory problems, including the release of histamines and other inflammatory substances. Furthermore, bitter orange contains the active constituent synephrine, which increases circulation to the head, shrinks swollen tissues, and dilates respiratory passages for normal breathing.^{1,9,10}

References:

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