



Target TS II

Stock #2815-7 (90 capsules)

Target TS II is designed to support healthy thyroid function, and is particularly helpful for those with an underactive thyroid gland. Target TS II contains herbs and minerals which strengthen both the thyroid and the hypothalamus gland which controls thyroid function through the secretion of a hormone known as TRH (thyrotropin-releasing hormone). Furthermore, the minerals in Target TS II are chelated to the same amino acids which make up TRH—glutamine, histidine and proline—providing for more efficient absorption of these important minerals. Target TS II also contains herbs which are rich sources of organic iodine, necessary for a healthy glandular function.

Each capsule of Target TS II provides manganese (5mg) and zinc (15mg) in a base of:

Capsicum has long been used as a stimulant to increase circulation and cardiovascular activity, while at the same time lowering blood pressure and aiding in the prevention of heart attack and stroke. Capsicum has been found to effectively stimulate production of digestive and mucosal fluids, soothe inflammation, enhance the removal of toxins from the body, and relieve gastrointestinal problems. Studies indicate capsicum may also be useful for mild depression and for improving energy and endurance.

Hops are a common aid for calming and relaxing nerves, anxiety, excitability, irritability, tension headaches, and nervous gastrointestinal complaints, including irritable bowel syndrome. Hops are widely used for insomnia or restless sleep. Hops have also been found to act as a diuretic for bladder and kidney problems such as cystitis, painful urination and urinary tract infections; as an expectorant to clear the lungs; and as a pain-reliever and antispasmodic for certain forms of asthma, as well as colic, menstrual pain, muscle cramps, and spastic colon.

Irish moss contains a rich supply of iodine which is necessary for healthy thyroid function and metabolism; for treating fatigue, goiter and obesity; and for increasing the strength and flexibility of connective tissues, such as are found in the hair, nails and skin. Irish moss contains a high concentration of mucilaginous substances which moisturize and soothe inflamed or ulcerated tissues, including chapped skin, dermatitis, eczema, and psoriasis. Irish moss' soothing quality is beneficial for acid indigestion, dyspepsia, gastritis, and urinary infections, including cystitis. Irish moss also provides a mild laxative effect on the body. Irish moss is valuable for treating convalescence due to its rich supply of protein and other nutrients, including calcium, magnesium, and sodium.

Kelp has long been used in Oriental medicine to moisten and soften dry, hardened tissues in the body such as cysts or tumors. Kelp also enhances kidney function and corrects hormone imbalances, especially relating to the thyroid gland. Kelp's rich supply of nutrients improves digestion and respiration, helps reduce the effects of stress upon the body, increases immunity, and promotes general well-being. Kelp is commonly used for anemia, angina, arthritis, asthma, candidiasis, diabetes, difficulty swallowing, enlarged glands, fatigue, fungal infections, goiter, hair loss, high blood pressure, prostate and ovarian problems, obesity, radiation/heavy metal poisoning, tumors and foreign growths, ulcers, and inflammatory skin conditions such as eczema and psoriasis. Kelp is rich in iodine salts (up to 1%) and amino acids which enhance thyroid function, stimulate metabolism to help the body burn excess fat, and help treat goiter, hair loss, and hypothyroidism. Iodine is an integral component of the thyroid hormones, thyroxine and triiodothyronine.

Manganese is a trace mineral which is essential for the production of thyroxin, a component of thyroid gland function. Manganese also helps nourish and strengthen brain and nerve function.

Parsley stimulates production of digestive fluids and enhances the elimination of wastes from inflamed joints via the kidneys. Parsley helps tone the urinary system and has been used effectively for almost any type of kidney and urinary problems. Parsley also helps with stones in the bladder, gall bladder, or kidneys. Parsley effectively dries watery mucous conditions and is helpful for allergies, asthma, bronchitis, coughs, and mucus in the bladder. Parsley acts as an antispasmodic, lowers blood pressure, strengthens the adrenal glands, and enhances brain and optic nerve function. Parsley is a rich source of iron and provides numerous trace minerals, particularly the electrolytes calcium, magnesium, potassium and sodium. Parsley also provides vitamins A, B, C, and K, protein (up to 25%), and chlorophyll.

Zinc is an important element in the healthy absorption and function of vitamins, especially B-complex vitamins. Zinc is also a constituent of many enzymes involved in digestion and metabolism. Zinc deficiency can hamper growth and healing, and can lead to abnormalities of sense and perception (loss of smell or taste), increased risk of infection, lethargy, malfunctioning sex glands, and poor appetite.