



White Oak Bark

Stock #730-7 (100 capsules)

White oak was an important part of Native American herbal medicine used for diarrhea, hemorrhoids and to treat wounds. White oak was listed in the *U.S. Pharmacopoeia* (1820-1916) as an antiseptic, astringent and tonic.

White oak bark is rich in tannins (quercitannic acids) known for their ability to shrink tissues and constrict and strengthen blood vessels. White oak bark tannins also exhibit antimicrobial and antiviral activity. White oak bark also acts as a mild diuretic to flush toxins and irritants from the body.

Such actions confirm historical uses of white oak bark for treating anal fissures (lesions), bladder weakness, burns and skin abrasions, diarrhea, dysentery, gum problems and pyorrhea, hemorrhage, hemorrhoids, leukorrhea, mouths sores, mucus discharges, piles, prolapsed uterus/rectum, rashes, sore throat, flabby ulcers, and varicose veins. White oak bark has even been used to stop the coughing up of blood from the lungs—a condition

known as hemoptysis.

White oak tannins have also been shown to inhibit the proliferation of intestinal parasites and treat ringworm.

White oak bark provides the minerals calcium, cobalt, iron, manganese, phosphorus, potassium, sodium, sulphur, zinc, as well as vitamin B12.